

Women's Tailor

Course Code NARQ40033-PRODUCT: Session Plan

Day	Session	Subject
01	I	Registration & Inauguration
	II	About the Institute, rules & regulations of training/institute
	III & IV	Micro lab – ice breaking exercise / Score More
02	I	Self-Awareness / Achievement Motivation – confidence building(SPK)
	II	Human Relations
	III & IV	Entrepreneurial competencies – importance, explanation with examples, case study for identification of different competencies
03	I	Introduction to Dress Designing - Basics of stitching & measurement
	II	Petty coat - Theory, paper cutting, and practical
	III & IV	Saree skirts – varieties of frills –Theory, paper cutting and practical
04	I	Tower building – Decision making & eradicating dependency syndrome
	II & IV	Nighties, Night suits, night gowns, fancy nighties- Theory and practical
05	I	Time Management
	II to IV	Nighties, Night suits, night gowns, fancy nighties- Theory and practical
06	I	Effective Communication skills
	II to IV	School uniforms for Boys – shirts, half pants, Theory & Practical (continued)
07	I	Problem Solving – explanation through case studies and exercises
	II to IV	School uniforms for Boys – shirts, half pants, Theory & Practical
08	I & II	Risk taking and goal setting –Ring Toss exercise
	III & IV	School uniforms for girls – blouse & skirts, Theory and practical (Continued)
09	I	Experience sharing - Interaction with successful entrepreneur
	II to IV	School uniforms for girls – blouse & skirts, Theory and practical
10	I to IV	Saree blouse – simple blouse, varieties, cross patti, semi katori, double katori, cross cutting, Prance cutting, high neck, back button blouse & fancy blouses – Theory and Practical

11	I to IV	Saree blouse – simple blouse, varieties, cross patti, semi katori, double katori, cross cutting, high neck, back button blouse & fancy blouses (Continued)
12	I	Johari Window and Personality Development (SPK)
	II & IV	Saree blouse – simple blouse, varieties, cross patti, semi katori, double katori, cross cutting, high neck, back button blouse & fancy blouses
13	I to II	Business Game – Boat Building Exercise
	III & IV	Saree blouse – simple blouse, varieties, cross patti, semi katori, double katori, cross cutting, high neck, back button blouse & fancy blouses
14	I to IV	Saree blouse – simple blouse, varieties, cross patti, semi katori, double katori, cross cutting, high neck, back button blouse & fancy blouses
15	I to IV	Saree blouse – simple blouse, varieties, cross patti, semi katori, double katori, cross cutting, high neck, back button blouse & fancy blouses
16	I to IV	Saree blouse – simple blouse, varieties, cross patti, semi katori, double katori, cross cutting, high neck, back button blouse & fancy blouses
17	I to IV	Baby Frocks – Theory & practical
18	I to IV	Saree zigzag, saree fall, preparing variety of bunches
19	I & IV	Chudidhar, Punjabi, Patiyala, Arabic, Rajasthani, Pushup-Theory & practical
20	I to IV	Chudidhar, Punjabi, Patiyala, Arabic, Rajasthani, PushupTheory& practical
21	I	Controlling Self (SPK)
	II to IV	Chudidhar, Anarkali Top, Apple cut Top. Amarelle Top, Sahrawi, Theory & practical
22	I & IV	Chudidhar, Anarkali Top, Apple cut Top. Amarelle Top, Sahrawi, Theory & practical
23	I to III	Salwar, Punjabi, Patiyala, Arabic, Rajastani, Pushup-Theory & practical
	IV	Market Survey - Theory
24	I to IV	Market Survey – Field Visit practical exposure
25	I & II	Market Survey – preparation of report and presentation
	III & IV	Salwar, Punjabi, Patiyala, Arabic, Rajastani, Pushup-Theory & practical
26	I & IV	Salwar, Punjabi, Patiyala, Arabic, Rajastani, V.cut Dhoti pant, Pushup-Theory & practical
27	I & II	Salwar, Punjabi, Patiyala, Arabic, Rajastani, Balloon Pant Pushup-Theory & practical

	III & IV	Visit to successful entrepreneurs unit visit / Interaction with a Successful Entrepreneurs
28	I & II	Basics of sewing machine repairs
	III	Costing, pricing – Fixed Cost- Variable Cost, Breakeven point etc.
	IV	Marketing management–4 Ps of marketing, managing the customers
29	I & II	Banking – deposits & advances, lending schemes/government schemes
	III & IV	Business plan/project report preparation – practical
30	I	Book Keeping / Taxation and Basic Laws relating to MSMEs
	II	Launching formalities – steps in launching of an enterprise, pitfalls and their control
	III	Final evaluation test
	IV	Feedback and Valedictory