Beauty Parlour Management Course Code NARQ40007 - PROCESS - Session Plan

| Day | Session | Subject | | | | |
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| . , | I | Registration & Inauguration, About the Institute, rules & regulations of training/institute | | | | |
| 1 | II | Micro lab–lce breaking exercise | | | | |
| | III | Achievement Motivation–Confidence building | | | | |
| | IV | Why self employment–Advantages over wage employment, Entrepreneurship Development – What, Why & How?–(introduction) | | | | |
| 2 | 1 & 11 | Entrepreneurial competencies – Importance, explanation with examples, case study for identification of different competencies | | | | |
| | III & IV | Risk taking and Goal setting - Ring Toss exercise | | | | |
| | I | Beautician – Concept and Scope | | | | |
| 3 | II & IV | Threading & Eye brow shaping – Theory, demonstration & practical | | | | |
| | ı | Time management | | | | |
| 4 | II to IV | Waxing – Theory, demonstration and Practical | | | | |
| 5 | I to IV | Manicure & Pedicure - Theory, demonstration and Practical | | | | |
| 6 | l to II | French Manicure & Pedicure - Theory, demonstration and Practical | | | | |
| | III & IV | Detanning - Bleaching of face (cream method) - Theory, demonstration | | | | |
| 7 | I to IV | Detanning - Bleaching of face (cream method) – Practicals | | | | |
| 8 | I to IV | Thermo Herb facial - Theory, demonstration and Practical | | | | |
| 9 | I to II | Herbal fruits & vegetable facial - Theory, demonstration and Practical | | | | |
| | III & IV | Skin tightening Facial- Theory and Practical | | | | |
| 10 | | Tower building – Eradicating dependency syndrome | | | | |
| | II to IV | Galvanic and ozone high frequency vat removal - Theory, demonstration and practical | | | | |
| 11 | I | Problem solving-explanation through case studies and exercises, Creativity-Creative thinking | | | | |
| | II to IV | Aroma Therapy & Acne Treatment – Facial | | | | |
| 12 | l | Effective communication skills | | | | |
| | = | Hair Styles – Theory and Demonstration | | | | |
| | II to IV | Hair cutting – Theory, demonstration and practical (Adult) | | | | |
| 13 | ı | Hair cutting – Theory, demonstration and practical (Children) | | | | |
| | II to IV | Advanced Hair cuttings and Settings- Theory, demonstration and practical | | | | |
| 14 | I | Herbal Hair Care and– theory, Demonstration and Practicals | | | | |
| | II & III | Skin Care - theory, Demonstration and Practicals | | | | |
| | IV | Market Survey – Theory | | | | |

| 15 | I to IV | Market Survey – Collection of information and field visits | | | | | |
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| 16 | 1 | Market survey – Report writing, presentation, group discussion & analysis | | | | | |
| | i | Herbal Products Production for hair and body massaging | | | | | |
| | III | Body massage and Body Polishing- Theory, demonstration and practical | | | | | |
| | IV | Body massage and Body Polishing - demonstration and practical | | | | | |
| | Post | Midterm evaluation test | | | | | |
| 47 | evening | | | | | | |
| 17 | I to IV | Hair straightening (chemical) cum ironing - Theory, demonstration & practical | | | | | |
| 18 | I to IV | | | | | | |
| 19 | | Henna for hair - Theory, demonstration and practical | | | | | |
| | | Herbal Hair care and skin care – Theory demonstration and praticals | | | | | |
| | III to IV | Boat Game – Systematic Planning, Concern to Quality | | | | | |
| 20 | I to III | Hair colour, hair dye highlights - Theory, demonstration and practical | | | | | |
| 24 | | Marketing management – 4Ps of marketing, managing the customers | | | | | |
| 21 | I to II | Spa & Cool Spa Treatment- Theory, demonstration and practical | | | | | |
| | III | Hands Spa and Theory, Demonstration and Practicals | | | | | |
| | IV | Legs Spa - Theory, Demonstration and Practicals | | | | | |
| 22 | I to IV | Bridal Mahanadi – Preparation, designing and application - Theory, demonstration and practical | | | | | |
| | I to II | Party Make-up & Dressing – Night, Waterproof - Theory, demonstration and practical | | | | | |
| 23 | III | Air Brush Make Up – Theory, demonstration | | | | | |
| | IV | Air Brush Make Up – Demonstration and Practicals | | | | | |
| 24 | I to II | Make-up & Dressing – Western & traditional - Theory, demonstration and practical | | | | | |
| | III | Beautification -Case Study & Experience Sharing | | | | | |
| | IV | Interaction with successful entrepreneur | | | | | |
| 25 | I | Skin Correction – Beauty tips for skin care and for different pattern of skins | | | | | |
| | II & IV | Bridal Make-up & Bridal Hair Style - Theory, demonstration and practical | | | | | |
| 26 | I to IV | Hair Style using machines - Theory, demonstration and practical | | | | | |
| 27 | 1 & 11 | Nail Art and Tattoos – Theory and demonstration | | | | | |
| | III & IV | Hair Style by using machines - Theory, demonstration and practical | | | | | |
| 28 | I to III | Herbal oil/ face pack preparation for different types of skins - Theory, demonstration and practical | | | | | |
| | IV | Costing, pricing – Fixed cost, variable cost, breakeven point etc. | | | | | |
| 29 | I | Maintenance of records & book keeping – Methodology | | | | | |
| | II & III | Banking- Deposits & advances, lending schemes/Government schemes | | | | | |
| | IV | Business plan/project report preparation | | | | | |
| 30 | I | Human Relations | | | | | |
| | II | Launching formalities – Steps in launching of an enterprise Pitfalls and their Control | | | | | |
| | III | Final evaluation test | | | | | |
| | V | Feedback & Valedictory | | | | | |